During the holidays I attended the World Youth Day Commissioning Mass for the pilgrims from the Sydney Diocese at St Mary’s Cathedral. Our four staff pilgrim leaders and our eighteen World Youth Day pilgrims were commissioned at the Mass. I ask you to continue to keep these teachers and students in your prayers as they take part in the WYD Pilgrimage to Prague and then move on to World Youth Day in Krakow, Poland. All reports, not to mention the many photos suggest they are having an amazing experience.

I have no doubt that many of our families are conscious that some parts of the world are volatile and experiencing conflict. For us it is hard to reconcile. The recent news of what has happened in Nice, the events of violence and hatred in the US and the political instability in Turkey. It is at this time we need to live out what it truly means to be ‘heart people’. We need more than ever to be people of prayer.

The second is this: ‘Love your neighbour as yourself.’ Mark 12:31. There is no commandment greater than this.

We don’t have to look very far or wait very long to hear of the wonderful successes of our OLSH students past and present.

We heard in the holidays that ex student Athena Krisanaleela from 2015 has been included in the Young Writers’ Showcase for her Extension 2 English major work. We are very proud of Athena and of her teacher Michael Couani.

Monique Calleja and Kristina Ferro were shortlisted as finalists for the 2016 Central & Northern Sydney Regional Training Awards. Monique was awarded; Regional winner- **2016 VET in Schools Student of the year**. This is the first time an OLSH student has won this prestigious award. The award recognises and celebrates excellence in vocational education and training in NSW. She will now move on to represent our region.

The Year 9 Debating Team Florence Moshos, Taylor Condon, Hannah McKinney and Lili Hardi, will compete in the Grand final of the Catholic Schools Debating Competition tonight at Oakhill College Castle Hill. This is a fantastic achievement and we are very proud of the team. Thank you to their coach Ex Student Natasha Krikorian for her wonderful guidance of the girls throughout the competition.

Our Academic Awards for Semester 1 were held last Friday. Our hall was filled to capacity with students, parents and family who came to celebrate the outstanding learning that is occurring at the College. We congratulate all award recipients and also the wonderful performers who entertained us on the day; Piano Solo by Year 11 Ellana Yeoh and Year 12 Drama Students India Rich, Kate Buxton, Alycia Spiteri and Kaitlyn Symons performance “Machinations of Manipulation”.

In my Principal’s address at the awards I asked all students to create a new mindset, stretch themselves and challenge themselves with their school work, their sports, their music, their family and friends. To be the best they can be and then this semester they will see results that they never thought possible.

Let us look forward with Hope and Gratitude
Mrs Jenny Fowler
College Principal

OLSH - A COMMUNITY OF THE HEART, LIVING AND LEARNING TOGETHER
The need to be silent – the need to be still

As a lead-up to the HSC Trials, Sister Lorraine and Sister Phillipa have been conducting meditation sessions with our Year 12’s. We believe there is a need to provide opportunities for our seniors to escape from the pressure of looming exams - to experience peace and solitude.

OLSH is a busy but calm school. Considering we have over 800 girls, the environment is quiet and settled. However, humans by nature are busy beings. This is particularly true of the human mind. Richard Rhor, a noted theologian compared settling the active mind to that of attempting to control 15000 monkeys. Our girls belong to a generation continually bombarded with a plethora of technology. Just accessing their numerous modes of communication means that their minds are always occupied.

Even though females are generally considered to be more multi-tasked than boys, not all of them succeed at doing more than one thing at the one time. However, all of them would achieve more if they concentrated on the task at hand. For example, it’s not uncommon for girls to ‘attempt’ their homework while simultaneously listening to music, texting friends, watching TV and communicating on a chat line. They are always playing computerized games, listening to music or watching Youtube.

Unfortunately, they seldom take time to be still, to be quiet or for personal reflection. Taking such time can be beneficial to all aspects of their lives including their ability to learn and concentrate; and to develop their capacity to effectively communicate. Parents often comment about the difficulty in truly communicating with their adolescent child. Silence is the first step towards active listening, which is essential for meaningful communication. Quality communication relies on silence. In regards to their studies, a more reflective mind is disciplined and better equipped to concentrate and respond to teaching.

I believe that young people actually enjoy quiet timeouts – there is a sense that they crave reflective experiences. However, reflective practices such as prayer, active listening and meditation are learned skills which take repeated practice to master. To achieve a state of stillness requires a disciplined mind.

Finally, on a spiritual level, silent reflection is an essential ingredient in the search for meaning. Henri Neuwen, another theologian wrote of the strong connection between silence and being open to God.

*The Word of God draws us into silence:*

*Silence makes us attentive to God’s Word.*

*The Word of God penetrates through the thick of human verbosity to the silent centre of our heart*

Henri Nouwen

*Be still. God is in control.*
Website
We are in the process of redesigning our College website and will keep you informed as any information regarding timelines comes to hand.

Eastgardens
Please remind your daughters they are expected to take the most direct route to and from school, without loitering and behaving in unacceptable ways. Students are not permitted to visit shops on their way to or from school. They are allowed to attend only in the company of a parent or guardian.

Annual Report 2015
The 2015 Annual School Report to the Community is now available at the College Administration Office and on the College's website - www.olshkensingtone.catholic.edu.au.

SCS Privacy Policy
A reminder to parents/carers that information the College collects on student enrolment forms may be shared with government agencies. Parents/Carers are able to access the Sydney Catholic Schools Privacy Policy Standard Collection Notice on the Sydney Catholic Schools public website. http://www.ceosyd.catholic.edu.au/Pages/Home.aspx

God Bless you in the weeks ahead
Mr Les Salisbury
Acting Assistant Principal

Dear Parents and Carers

A recent article that appeared in The Daily Telegraph and in some local newspapers reported on significant school fee increases for 2017 that have been announced for some schools in the Broken Bay diocese, north of Sydney. These fee increases were in response to projected new ‘needs-based’ funding arrangements that are likely to have an adverse effect for the Broken Bay diocese. It may have been interpreted from the article that similar, large fee increases were also being planned for other dioceses including Sydney Catholic Schools.

I want to reassure you that this is not the case. In 2014, I announced a differentiated school fees policy that took into account the Socio Economic Status (SES) of the suburb each school is located when setting that school’s tuition fees. This policy means that school fee increases vary slightly according to the SES of each school. That policy has not changed. While fees have not yet been determined for 2017, the expectation is that increases will again average out at about 5% across our 150 schools.

Please be assured of my continued commitment to ensuring that school fees and charges will always be kept to as low as possible, without ever compromising the quality of the learning and support that our schools provide for their students.

If you have any questions about this matter, please contact your school.

All the very best for the term ahead

With warmest wishes

Dr Dan White
EXECUTIVE DIRECTOR: SYDNEY CATHOLIC SCHOOLS

OLSH - A COMMUNITY OF THE HEART, LIVING AND LEARNING TOGETHER
Congratulations to staff members Mr Gary Osborne and Mrs Hazel Thomas in recognition of Service for 35 years or over in Catholic Education. Mr Gary Osbourne is pictured receiving his award from Dr Dan White Executive Director of Catholic Schools for the Archdiocese of Sydney and Mrs Elizabeth O’Carrigan Regional Director for the Eastern Region, Sydney Catholic Schools.

Save the Date
2 September
2016 Mission Night

WEARING YOUR UNIFORM WITH PRIDE

Students reflect their pride in the College by wearing the uniform well. It is a very powerful tool when students are in the public eye. It is therefore fitting that students wear the uniform correctly with pride. The winter uniform is to be worn in Terms 2 and 3 only as outlined below:

**Winter Uniform**
- Plaid tunic (length to the top of the knee) - Juniors
- Regulation plaid skirt (calf length) - Seniors
- Dark navy blazer with the College Crest (to be worn to and from school)
- Regulation off-white blouse
- Plain navy jumper
- 30 Denier dark navy pantyhose
- Black leather lace up school shoes

**Optional**
- Dark navy dress slacks
- Navy scarf

The sports uniform should only be worn to school on Day 10 sports day. If a student has PE classes, students bring their sports uniform to school and change prior to the lesson.

We do realise that people's perception of the College is often based on how we present ourselves in the Community, therefore we ask each student to play her part by wearing the correct uniform at all times.
DEBATING

Year 9 Debating Success

Our Year 9 debating team have progressed through to the Catholic Schools Debating Association - CSDA Grand finals tonight.

Congratulations to the Year 9 team of Florence Moshos, Taylor Condon, Hannah McKinney and Lili Hardi.

A big thank you to their mentor Ex-student Natasha Krikorian and Mr Craig Beck.

WYD KRAKOW

Our Lady of the Sacred Heart College Kensington and Loreto Kirribilli pilgrims on Bus 3 share what happened on their first afternoon in Prague. “Having arrived in Prague yesterday afternoon, today we explored the city of Prague. We visited St Victor Cathedral, Prague Castle, Golden Lane and attended a Mass in Our Lady of Victory Church.

The thing that resonated with us the most was when a group of Lebanese tourists all sung a beautiful hymn at the end of our Mass. It felt really special to experience this and it emphasised the universality of Catholicism. It made us especially excited for World Youth Day Week to meet new people and see the way every individual practices their faith.

Another special thing that happened today was when we met an American couple from California who are also attending World Youth Day in Krakow. They offered us a small sticker which had a picture of Mother Mary; the bottom stating #BeTheMercy2016. We found this saying really important and began to realise how we can “Be the Mercy” in our everyday lives. Today we made plenty of new friends and enjoyed exploring and learning the history of Prague”

- Abby, Tayla, Rachel, Kristen, Morgan and Eve

OLSH - A COMMUNITY OF THE HEART, LIVING AND LEARNING TOGETHER
Semester 1 was a very busy and challenging time for our language students.

Year 8 began learning French in Term 1 and through a range of interesting and relevant topics, have focused on developing their language skills in French and broadening their awareness and understanding of French and Francophone culture. They have been learning about pets, colours, greetings and numbers. In Term 3, the focus will be on families and in Term 4 the learning focus will be on French food and Christmas celebrations. The girls will have the opportunity to set up a French style cafe and enjoy typical French delicacies like pain au chocolat, croissant au beurre et du chocolat chaud. Miam miam!

Years 9 and 10 students have continued to improve their knowledge of the French language and its rich culture through the study of a variety of topics and they have continued to deepen and broaden their language skills with ease and confidence. The girls learning has been further enriched through the use of both interactive online resources and authentic class materials.

Year 9 have been learning about the house and many put together an imovie with a tour of a famous person’s house in French. This term, year 9 have been learning about clothing and fashion, researching famous French fashion designers and commentating a French fashion show. In Term 3, the focus will be on school, hobbies and then visiting a town in Term 4.

Year 10 have had their focus on town versus country living and learning about the past tense, being able to talk about what they have done in past holidays and weekends. In Term 3, the focus will be on personalities and traits, ending the year with body part and medical symptoms to assist them should they ever get sick in a French speaking country.

New to the French department for both Stage 4 & 5 is the program ‘Language Perfect’, a National online vocabulary competition. This learning tool has proven to further motivate and engage students in their learning. All students have paid and subscribed to this site and regular use is required to ‘Master’ the vocabulary and gain stars and awards. This Term, Erika De Leon and earned Silver Award and was placed in the top 5% of 333,000 competitors from around the world. Alanna Vergara Sanchez, also of Year 10, was placed in the the top 10%, earning a bronze award. Both girls have received a certificate from Language Perfect for their efforts.

In Term 1 we were fortunate enough to attend a film screening of ‘Les Chevaliers Blancs’ (The White Knights) at the Chauvel Cinema in Paddington as part of the Alliance French Film Festival. This event was a wonderful way for our students to immerse themselves in the French culture and to meet with other French language students from the local area. It was a very powerful movie based on some truth in an unknown african country. A French NGO basing themselves there in order to rescue orphaned children and find them families back in France.

Alanna Vergara and Erika De Leon competed in the Language Perfect competition recently.
Trainee Teacher, Lilian Shuttleworth, visited OLSH for 5 weeks in Term 2. She taught all Year 8 classes, the Year 9 and the 10 class. Lilian was a breath of fresh air and a different teaching method for that time.

We have hosted two French exchange students for 10 weeks, organised by NACEL Australia. Solenn Boulard, from Baie-Mahault, Guadeloupe, and Lise Marchiano, from Savigny Sur Orge, 20km from Paris are staying with OLSH host families for 10 weeks and attending classes with their host girls, Jaquelyn Delamotte and Shauna Carroll from Year 9. I would personally like to thank the families for allowing this opportunity to happen at OLSH, a first for my time here in the French Department, (11 years!). This will open up future connections for the College. There is already interest of some of our girls to head to France to do the equivalent next year, through the NACEL programme. Please do not hesitate to contact me if you are interested in this programme.

In addition to offering French at the College, the Languages Department coordinates the learning of other languages through both the Open High School in Randwick and the Saturday School of Community Languages. There are currently a number of students studying Korean, Modern Greek, Filipino, Japanese, Indonesian, French Continuers, Spanish, Chinese, Italian, Croatian and Hungarian. This is a wonderful opportunity for both background speakers and those that have an interest in learning a new language. Parents or students who wish to receive further information about these courses are invited to contact the Languages Department at the College. Applications will be available online at the end of Term 3 for 2016 enrolments for Years 9-12.

I would like to congratulate all students studying a language for their hard work and commitment so far this year. It is wonderful to see so many motivated and talented linguists.

“Language is an anonymous, collective and unconscious art; the result of the creativity of thousands of generations”.

- Edward Sapir

Mrs Emma Petchey
Teacher in Charge - Languages

Year 9 OLSH and Enfield Students meet recently as part of the OLSH Links Program
ATHLETICS CARNIVAL

Champion House: HARTZER!!!!!

On Tuesday 14th June, OLSH held the annual Athletics Carnival at ES Marks athletics Field. Congratulations to Captain Mia Wood and the Hartz team who were the winners of the spirit cup for 2016. On such a glorious sunny Winter’s day, there were many excellent performances, high participation rates (especially from yr 12) and very pleasing attendance levels.

There were some outstanding performances on the day and some long standing records were broken.

Betty Koula broke the 12 year's 100m record which was set back in 1999 with a time of 12.34s. She also broke the 12 year's 200m record with a time of 28.2s. This was a record from 1988!

Rebecca Touma broke the jnr 400m record with a time of 1.04 mins.

Tahlia Lummow broke two records on the day. She broke the Int 400m with a time of 1.04.30 and also the 15yrs 100m with a time of 12.45s.

Malanata Kilisimasi broke the Snr Shot Put record with a throw of 11.46m.

The following girls had the highest overall point score in their age groups:

<table>
<thead>
<tr>
<th>Age</th>
<th>1st</th>
<th>2nd</th>
<th>3rd</th>
</tr>
</thead>
<tbody>
<tr>
<td>12yrs</td>
<td>Betty Koula 40pts</td>
<td>Leah Howarth 22pts</td>
<td>Caroline Patres 19pts</td>
</tr>
<tr>
<td>13yrs</td>
<td>Rebecca Touma 40pts</td>
<td>Jade Cameron 22pts</td>
<td>Ashley Finegan 19pts</td>
</tr>
<tr>
<td>14yrs</td>
<td>Madeline Mealing 32pts</td>
<td>Madison Garlick 17pts</td>
<td>Grace Kennedy 15pts</td>
</tr>
<tr>
<td>15yrs</td>
<td>Tahlia Lummow 36pts</td>
<td>Seneti Kilisimasi 21pts</td>
<td>Jasmine Fletcher 15pts</td>
</tr>
<tr>
<td>16yrs</td>
<td>Grace Greenhalgh 36pts</td>
<td>Melanta Kilisimasi 33pts</td>
<td>Kobe Dymock 30pts</td>
</tr>
<tr>
<td>17+</td>
<td>Mia Wood 61pts</td>
<td>Zoe Devlin 31pts</td>
<td>Madaline Pavlakis 27pts</td>
</tr>
</tbody>
</table>

Overall Champion: Mia Wood

Congratulations to the girls who have been selected to represent OLSH at the CGSSSA Athletics Carnival on Friday 19th August at Sydney Olympic Athletics Centre. This CGSSSA team is currently in progress so be sure to check the list outside the PE office and Sentral for messages of team meetings to see if you are in the team and which events you will compete in. GOOD LUCK Girls!

Mrs Helen Page
Leader Of Learning PDHPE

OLSH - A COMMUNITY OF THE HEART, LIVING AND LEARNING TOGETHER

W www.olshkensington.catholic.edu.au | E info@olshkensington.catholic.edu.au | P 9662 4088 | F 9663 5252
Social and Cultural Literacy has been a major focus in Year 8 History classes this term. This important focus requires that students synthesise their own personal 21st century experience with their understanding of the experiences of others in times gone by. The qualities of a socially and culturally literate individual are represented by the diagram.

A socially and culturally literate person -

This semester, Year 8 History students have been studying Medieval societies in Europe and Asia. Their learning enabled them to cultivate empathy for the experiences of other people, in other places, in other times. This empathetic understanding was translated into their classroom activities including the Peasants’ Feast which 8C celebrated at the end of Term 2.
We are very proud to announce some exciting news. Monique Calleja was selected as Regional Winner for the 2016 NSW Training Awards. She was awarded VET Student of the Year for the Central and Northern regions.

These awards are conducted annually by the NSW Department of Education and Communities (DEC) to recognise outstanding achievement of students in the Vocational Education and Training sector.

Monique has chosen to tackle three vocational frameworks through school and Sydney TAFE. Business Services, Hospitality and Childcare. She believes that these qualifications will broaden her options and give her a good foundation for choosing her future career path.

We would like to wish Monique all the very best for the next phase of this competition.

Mrs Paula Angelou  
Leader of Learning VET

IMPORTANT MESSAGE FROM STATE TRANSIT

Condition of use - Student Opal Card

To Whom It May Concern,

I write to request your assistance in promoting an important message regarding the Student Opal Card.

It is a condition of use that students tap on and tap off at the start and at the end of each trip with their Student Opal Card. This is important to insure correct patronage data is recorded, which is used to plan school special and regular route bus services. This data helps State Transit ensure adequate capacity is provided, so students can travel to and from school safely.

Currently, many students are failing to tap on or off the Opal readers when using their Student Opal Card.

To assist with future service planning, can you please advise students of this important condition of use so State Transit can continue to provide effective school bus services in the future.

Yours sincerely
Jamie Sinclair  
General Manager, Eastern Region
CONGRATULATIONS

CGSSSA Netball was held on Wednesday 27 July. OLSH entered 3 teams; a Junior, Senior and Intermediate team. All teams performed well. Congratulations to the Senior team who were the CGSSSA Champions. They won a close game against Monte 20-16. Thank you to coaches Ms Fitzgerald, Ms Chakarovski and Ms Agius. Thank you to Mrs Toal for umpiring on the day.

Senior CGSSSA netball - winners

Monica Johnson has been selected to represent the NSW Schools at the upcoming all school Golf championship in Adelaide in August. We congratulate her and wish her well.

UPCOMING EVENTS FOR TERM 3

<table>
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<tr>
<th>Date</th>
<th>Event</th>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 August</td>
<td>HSC Trials Begin</td>
<td>12 August</td>
<td>Yr 11 Retreat</td>
</tr>
<tr>
<td>1 August</td>
<td>Yr 12 Lifeskills Work Placement</td>
<td>18 August</td>
<td>Yr 11 PDHPE</td>
</tr>
<tr>
<td>1 August</td>
<td>Year 11 2017 Subject Interviews</td>
<td>18 August</td>
<td>Yr 10 Reflection Day</td>
</tr>
<tr>
<td>8 August</td>
<td>Feast of St Mary of the Cross</td>
<td>19 August</td>
<td>CGSSSA Athletics</td>
</tr>
<tr>
<td>8 August</td>
<td>Yr 11 Drama Production Evening</td>
<td>19 August</td>
<td>HSC Artmaking Day</td>
</tr>
<tr>
<td>10 August</td>
<td>Yr 11 Retreat</td>
<td>23 August</td>
<td>Yr 11 Leadership Day</td>
</tr>
<tr>
<td>11 August</td>
<td>Yr 11 Retreat</td>
<td>29 August</td>
<td>Co Curricular Photo Day</td>
</tr>
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OLSH - A COMMUNITY OF THE HEART, LIVING AND LEARNING TOGETHER
The HSC Drama recital evening was held on Thursday 21 July 2016. Parents, staff and friends were entertained by the HSC cohort as they performed their individual and group pieces.

Three generations of OLSH girls!
Students Kate Johnson and Alana Avalone with their mothers and grandmothers who all happen to be OLSH girls.
Year 12 Students had their HSC Dance recital on Tuesday 26 July. Parents and staff who attended the performances were very impressed. Congratulations to the Year 12 Dance class.
NOTICE FOR ALL STUDENTS

Computers must be carried around in an appropriate hardshell case at all times. When students do not use the case, the chances of damage are very high. Existing insurance agreements with the school can be negatively affected by not abiding by the terms and conditions. Loss of a computer while it is being replaced or repaired also impacts negatively on a student’s learning.

OLSH - A COMMUNITY OF THE HEART, LIVING AND LEARNING TOGETHER