Welcome back to Term Two. We have experienced some unusually warm weather over the past couple of weeks and have enjoyed the fact that we can still take a refreshing dip in the ocean or go for a walk in a short sleeved t-shirt. I have noticed this week the subtle changes in the leaves on the trees and watched with a smile on my face as I see the girls once scrambling to get under these trees to avoid the sun, now are trying to find places where they can enjoy the autumn sunshine. The girls have been excited to return and have been focused on their learning immediately.

What a lovely time of year and what an exciting term of learning lies before us.

...I see
the turning of a leaf
dancing in an autumn sun,
and brilliant shades of crimson
glowing when a day is done... (Mattie Elliott)

The month of May is traditionally the month of devotion to Mary. The Blessed Virgin Mary is the Mother of the Church and therefore the example, as well as the guide and inspiration for us. It is fitting therefore that today we had our Mother’s Day Mass which was not only a celebration of mothers but also the significant women in the lives of members of our community who provide inspiration and guidance. We give thanks for our mothers for the wonderful role models they are and for their unconditional love. Mass was followed by a lovely morning tea in the College grounds. Thank you to Fr Alo Lamere our College Chaplain for saying Mass in the Chapel.

The College staff development day is on Monday 9 May. There will be no formal classes on this day. We are looking forward to spending the day being inspired and challenged by International Keynote speaker, educator and writer Dan Haesler. Dan Haesler works with organisations around issues of engagement, wellbeing, mindset & leadership. Dan will lead a day with all staff around the concept of growth mindset. The College began adopting the language and philosophy behind growth mindset in 2015. We believe that in order for all to flourish everyone needs a growth mind set, a disposition that embraces challenge, seeks out feedback and values effort as the pathway to mastery. This positive approach aligns with our vision for learning where we want to stretch the hearts and minds of all students in our community.

I often use this space of the newsletter to comment on how proud I am of the girls that attend this school. We encourage the girls to go out and make a difference. Last Sunday evening one of our Year 12 students Lidia Ivancic organized a fundraising event for Youth of the Streets. Lidia was able to harness support from the local community. With community support and her initiative she was able to raise significant funds for Youth of the Streets. Well-done Lidia.

Over the next two weeks Mr Martin will be the Acting Assistant Principal while Mrs Potts is on leave.

Let us look forward with Hope and Gratitude
Mrs Jenny Fowler
College Principal

Wishing all our Mothers,
Grandmothers, Aunty’s and Guardians
a very Happy Mother’s Day

CELEBRATING EXCELLENCE IN EDUCATING YOUNG WOMEN

ISSUE 6 | 6 MAY 2016

NEWS

OLSH • A COMMUNITY OF THE HEART, LIVING AND LEARNING TOGETHER
With the afternoons getting dark earlier, I remind our families that students are not to frequent local shopping centres after school in their College uniform (unless accompanied by their parents). Students are not to visit the food courts of local shopping centres on their way to or from school.

Traffic Changes
Starting on Monday 9 May the traffic in Kensington will be affected by the expansion of the light rail project to Anzac Parade between Todman Avenue and High Street. Traffic heading north on Anzac Parade will be affected. For more information go to www.mysydney.com.au

College uniforms
Thank you to all the parents and guardians who ensured that their daughters are wearing the College uniform with pride, it is lovely to see the girls in their winter uniforms. It seems some of the girls have grown significantly over the summer months and these uniforms need to be adjusted as a matter of priority.

Parent Teacher Interviews
Year 11 and 12 Parent Teacher interviews will take place on Monday 30 May from 3:30pm - 8.30pm. Staff will have a break between 5:30pm and 6:00 pm. An email and alert has been sent to parents reminding you to book these interviews online. Your Sentral Parent Portal username and password is required. If you are having problems accessing the Portal, please call the College Office. Reports will be issued at these interviews. We ask that all parents attend to gain a better understanding of the progress of your daughter. The bookings for interviews will open on Tuesday 10th May from 9:00 am and close Thursday 26th May at 2:00pm.

Sick Bay Procedure
Please remind your daughter, if she is feeling sick during the school day to follow the correct sick bay procedure. A number of girls are contacting their parents directly, requesting to be picked up without being processed through Sick Bay.

God Bless you in the weeks ahead

Mrs Stacey Potts
Acting Assistant Principal

UPCOMING EVENTS FOR TERM 2

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>9 May</td>
<td>Staff Development Day</td>
</tr>
<tr>
<td>10-12 May</td>
<td>NAPLAN for Yr 7&amp;9</td>
</tr>
<tr>
<td>11 May</td>
<td>CGSSSA Snr Basketball</td>
</tr>
<tr>
<td>14 May</td>
<td>MUNA Yr11</td>
</tr>
<tr>
<td>15 May</td>
<td>Ex-Students Mass</td>
</tr>
<tr>
<td>18 May</td>
<td>CGSSSA Inters Basketball</td>
</tr>
<tr>
<td>25 May</td>
<td>Yr 9 Reflection Day</td>
</tr>
<tr>
<td>26 May</td>
<td>Yr 8 Reflection Day</td>
</tr>
<tr>
<td>27 May</td>
<td>Yr 7 Vaccinations</td>
</tr>
<tr>
<td>28 May</td>
<td>Red Shield Appeal</td>
</tr>
<tr>
<td>30 May</td>
<td>Yr 11&amp;12 Parent Teacher Interviews</td>
</tr>
<tr>
<td>1 June</td>
<td>CGSSSA Gymnastics</td>
</tr>
<tr>
<td>1 June</td>
<td>Yr11&amp;12 Drama Performance</td>
</tr>
<tr>
<td>3 June</td>
<td>Feast of the Sacred Heart</td>
</tr>
<tr>
<td>6-7 June</td>
<td>CCC Touch</td>
</tr>
<tr>
<td>9 June</td>
<td>Yr7 Reflection Day</td>
</tr>
<tr>
<td>10 June</td>
<td>WYD Trivia Night</td>
</tr>
<tr>
<td>14 June</td>
<td>Athletics Carnival</td>
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</table>

OLSH - A COMMUNITY OF THE HEART, LIVING AND LEARNING TOGETHER
Welcome back to Term 2 and I hope that you have reflected on how well you worked last term and then have set yourself several goals that you would like to achieve this term. We encourage girls to develop your abilities and talents through hard work and embrace learning and develop a drive for growth and resilience. With a growth mindset, we want you to embrace the challenges that you are faced with this term and keep going when things become difficult, persist when faced with obstacles, see effort as a path to mastery, learn from feedback and find inspiration from other students success. We want girls to go from possible to able. This is the challenge to you for this term.

Years 11 and 12 students have just completed their exams and reports will be issued to these students on Monday 30th May at the Parent/Teacher interviews. These reports provide feedback to both students and parents on the specific subject information, indicating the levels to which course outcomes were achieved, as well as exam marks, exam averages, and cumulative ranks. It is important that students take on board the feedback given to them by their teachers and continually seek ways to improve and strive to do their personal best in every subject. They provide a summary of each student’s academic progress for the first half of the year and my hope is that all students deepen their learning during this year.

Students in Years 7 and 9 will be completing NAPLAN tests from Tuesday 10th May until Thursday 12th May. On Tuesday 10th May, students will complete the Language conventions test as well as the Writing test. Then on Wednesday 11th May, students will complete the Reading test. Finally on Thursday, 12 May students will complete the Numeracy (calculator) test, followed by the Numeracy (non-calculator) test. If your daughter is absent on the day of these tests, I ask that you ring the College and notify the Office. Make up tests will be scheduled for Friday 13 May. All students are encouraged to complete these tests to best of their ability and no assessment tasks have been planned in the weeks leading up to these important tests to support students achieve their personal best. Students and parents will be informed about the results of the NAPLAN tests in September.

Congratulations to Kristina Ferro and Monique Calleja who have both been selected as finalists for VET in Schools Student category for the Central and Northern Sydney Region VET awards. The awards recognise individuals who excel in their field by celebrating their contribution to vocational education and training (VET). VET is ‘dual accredited’ for NSW school students. Students receive recognition towards their school qualification (Record of School Achievement or HSC), as well as a nationally recognised VET qualification (Certificate or Statement of Attainment). VET courses help students prepare for further education, training, employment and lifelong learning.

Finally, a few of the initiatives in the area of Learning and Teaching that we are working on at the College this year to enhance the learning of our students in the classroom are: Building Collective Capacity (BCC) projects where our Leaders of Learning and their staff work on a project that will enhance the learning in the classroom. Some of the projects include: multiple choice literacy, Gifted and Talented, going deeper with the use of data in the classroom to improve student growth, Assessment for and of learning, Literacy and numeracy and Authentic learning.

Mrs Zannettides 
Leader of Learning Curriculum

Year 12 students Kristina Ferro and Monique Calleja have been selected as finalists for the NSW Vocational Education Training in Schools Awards. The girls study Business Services, Hospitality and Childcare.
MATHEMATICS

It is the beginning of Term 2 and every student at OLSH who is studying Mathematics has undertaken an assessment task. Some are extremely happy with their results, others not quite so happy. The following study tips on how to learn mathematics will help with their assessments this term.

I. LEARN RULES / FORMULAE
   - Start a Maths Study Rule Book
   - Update it every week

II. DO LOTS OF PRACTICE!
   - As you do more practice, refer less and less to your study book and try to do questions under exam conditions.
   - Do lots of questions to improve speed and accuracy.
   - Set yourself time limits to practise working at speed.
   - If you get a question wrong, go back to your textbook read the example and do more questions that are similar to this one.
   - Always check the answers and redo any questions that you got wrong. Ask for help as soon as possible.
   - Do questions from as many different sources as possible eg. chapter reviews, past exams or online resources.

‘It’s not that I'm so smart, it’s just that I stay with problems longer.’ Albert Einstein

NAPLAN is on next week and the girls from Year 7 & Year 9 have been looking at past papers to familiarise themselves with the the types of questions that are presented in this exam.

There are many past papers, trial papers and solutions on the OLSH Mathematics site the girls can use if they would like to practise on the weekend. If they have trouble getting onto this site then they can try http://www.smeebu.com/ which is another good source. This site http://www.acara.edu.au/default.asp is for parents and will explain any questions you may have in regards to NAPLAN as well as practice resources.

Following are the extra curricula Mathematics activites and help that is offered to the OLSH girls.
   Before school help from 7:30am is available
   After school support in the Library on Tuesdays & Wednesdays until 4:30pm
   Lunch time activites in Logic on Fridays in the Library
   Australian Mathematics Competition

Deborah Green
Leader of Learning Mathematics
deborah.green@syd.catholic.edu.au

Some of the students who received distinctions and credits in the 2015 Australian Mathematics Competition

Girls working on logic problems during lunch on Fridays.

Girls studying for their assessments with teachers before school, lunch and after school.
Recently, Year 9 and 10 Food Technology students travelled to Vaucluse House. Following is a recount of the day by Year 10 students Laura Thompson and Patricia Awadalla.

The highlights of the tour at Vaucluse house were when we made the lemonade and the butter. These were the highlights as they were more hands-on activities, and also because we were able to try the foods we made. Learning about the overall history of the house and the Wentworth family was another highlight.

At Vaucluse house, we learnt methods of preserving food, and how to make things such as butter and lemonade. We also learnt about the Wentworth family, and the kinds of foods that they used to eat. We also learnt how foods we eat today were originally made, such as jelly. It was also interesting to learn about the living arrangements at Vaucluse house, and how they stored food and lived their daily lives during the 1800’s and how they have changed over time.

YOUTH OFF THE STREETS TRIVIA NIGHT

At OLSH, we are all very lucky to go home every day to a roof over our head, food to eat, a bed to sleep in and clean clothes to change into. However, not everyone has this same opportunity. On any given night in Australia there is an estimated 36,000 homeless young people aged 12-25 sleeping on the streets. This number has continued to rise over the past decade.

Upon hearing these facts, I wanted to be able to help to make a practical difference and potentially help to decrease this figure. I decided to team up with Father Chris Riley’s Youth Off The Streets organisation to raise much needed funds to help some of the youth of Sydney who don’t know where they’re sleeping tonight. Youth Off The Streets works to open up options to give kids in crisis a chance to recover, a place to heal and most importantly to get them off the streets and into a safe environment.

In order to raise these funds, I decided to hold a Trivia Night, inviting people from the local community to get their family and friends together to come along to support this cause.

The evening was hosted by Logie nominee, Jason Montgomery who entertained the crowd ranging in age from 15-70. Local member Matt Thistlethwaite also supported this event with his attendance.

The event was a huge success raising over $6,500 profit. A cheque will be presented to YOTS later next week after all final donations have been received. This event would not have been possible if it wasn’t for the help and support of all the local businesses who donated products and services. Lidia Ivancic Year 12
MOTHER'S DAY MASS & BREAKFAST

OLSH - A COMMUNITY OF THE HEART, LIVING AND LEARNING TOGETHER
On a searing hot day in Putney, the Junior OLSH football team showed they were girls of heart both on and off the football field. Although the majority of the team were comprised of year 7 and 8 students, they were not outmuscled nor outplayed and won three out of six games.

After a tough loss against Mt St Joseph College the girls came back for a hard fought win thanks to an Angelina Gee goal. The speedster zipped down the line and slotted the ball into the bottom corner, absolute class. Angelina was our top scorer and the most skilful player in the pool.

The girls had the best defence in the pool with excellent performances by Chloe Keogh, Daniela Ospitale, Jade Falzon and Tara Lundy. It was their persistent work as a unit and constant player marking that earned them their prestige.

Another great win came against Bethany College. It was a joint effort between both pairs of twins in the midfield that pushed OLSH over the line. Chiara and Anna Speranza proved they had a mighty engine in the midfield as they tackled and held possession in the centre. The O’Connor twins proved too quick for the opposition, as their continual pressure on the defence was key in the victory.

The girls played seven games throughout the hot day but performed consistently well. Some special mentions to our super subs including Kaycee Clarke who was a fierce tackler of the ball, Jessica Reis-Smith who pestered the opposition left and right wing every game, Zoe Patmore covering almost all the field off the ball and Lara Vaneris whose passing/crossing/distribution was exceptional.

Another special mention goes to Sophie Payne showed excellent sportsmanship. It is hard to forget the stellar performance both in goals and in defence by Jessica Strati, a definite player of the day performance.

Overall a lovely performance by an aspiring junior football team, the next couple of years look bright for OLSH Junior football.

Junior Team List-
Kaycee Clarke, Daniela Ospitale, Lara Vaneris, Zoe Patmore, Jessica Strati, Anna Speranza, Chiara Speranza, Kate O’Connor, Emily O’Connor, Chloe Keogh, Sophie Payne, Tara Lundy, Jessica Reis-Smith, Angelina Gee, Jade Falzon.

**Please note a Senior Report will appear in the next Newsletter**
CONGRATULATIONS

Kiara, Ashley, Jade and Madelaine who all competed in individual events.

Ashley placed 2nd in the U13 100 meter freestyle

Kiara Richardson Year 7, Ashley Finegan Year 8, Jade Howard Year 9, Shannel Ryan-Last Year 10, Madelaine Casswell Year 10, Eva Torrisi Year 10 & Lauren Phillips Year 12 recently competed at the CCC Swimming Carnival. All girls competed well as part of the CGSSA team. Congratulations to Madelaine and Ashley who have qualified for the NSW All Schools Championships and are competing today.

30 YEAR SCHOOL REUNION

Ex Students Mass
Our Lady of the Sacred Heart College, Kensington

15th May 2016
Convent Chapel
11.00am

Followed by hospitality in the College Hall

W www.olshkensington.catholic.edu.au | E info@olshkensington.catholic.edu.au | P 9662 4088 | F 9663 5252

OLSH - A COMMUNITY OF THE HEART, LIVING AND LEARNING TOGETHER
**Save the Date**

**Friday 2 September**

**Mission Night**

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**RIDE THE HSC WAVE**

**Lecture Program May-June 2016**

- **LECTURE TOPIC:**
  - **SAVE THE DATE**
  - **Friday 2 September**
  - **Mission Night**

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**ENGAGING ADOLESCENTS™ PARENT WORKSHOP**

Parenting skills for resolving teenage behaviour problems

Maintaining positive and constructive channels of communication is one of the most important skills that adults must have when living with teenagers. This workshop aims to provide parents with effective tools and strategies in the following:

- Identifying normal and acceptable teenage behaviour
- Family life with teenagers and how to build positive and respectful relationships
- How to manage challenging behaviour from your teenager

**WHEN:**
Saturday 27 August 2016

**TIME:**
Please arrive at 8.45am for registration.
The course runs from 9.30am to 3.30pm

**WHERE:**
Central Library
Westfield Eastgardens Shopping Centre
Banks Ave, Eastgardens NSW 2035

**COST:**
$10 includes course workbook, morning tea and afternoon tea

**BOOKINGS:**
Please contact Botany Council Community Services on 9668 3889 or communityservices@botanybay.nsw.gov.au

**Unfortunatley there is no childminding for this group.**

**This is a Parents Only group.**

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**OLSH - A COMMUNITY OF THE HEART, LIVING AND LEARNING TOGETHER**

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**Tackling Tricky Topics with your Teen**

Learn how to openly communicate, approach and discuss difficult topics like alcohol, sex and drugs with your teenager.

**Come to our FREE Parenting Information Session presented by Marisa Moliterno, Healing Hearts Counselling & Training**

**Date:**
Saturday 24 September 2016

**Time:**
9.45am (10am-12pm)

**Where:**
Central Library
Westfield Eastgardens Shopping Centre
Banks Ave, Eastgardens NSW 2036

**Cost:**
FREE Group. This is a Parents Only event.

**Bookings:**
Please contact us on 9667-4492 or admin@theDeli.org.au
FOR SALE:

PLEASE CONTACT: Helen on 0409 328 929

All school items have been washed and are in GOOD condition:
OLSH One piece swimsuit  16  $20.00
Summer dress          14  $20.00
Winter slacks         12  $10.00
- Patched up on right knee (not very noticeable)

Short Sleeve Shirt    12  $15.00
Summer Shorts         14  $25.00
Summer Shorts         10  $25.00
Sports Jacket         14  $15.00
Sports Jacket         12  $10.00
Senior Skirt          12  $30.00
Senior Skirt          12  $30.00

Second Hand Uniforms for Sale
1x hat
1x school bag
2 x Summer short sleeve tops size 12
1 x Sports track pant size 16
1 x summer pair of shorts size 12
1 x winter long pants size 14
1 x Blazer size 12
2 x long sleeve top size 14
2 x winter dresses size 12
1 x sports jacket size 14
1 x sport short pants size 14

All items have been worn for one year and in wonderful condition.
Contact Katherine 0417022110 if interested or alternatively email me at pattersonsflorist@hotmail.com

FOR SALE:

PLEASE CONTACT: Kiri M: 0432 438 515
E: kirirahanga@hotmail.com

All school items were purchased from Wylies are in GOOD condition:

Size Small - Winter Trousers - $20
Size 12 - Sports Polo - $10
Size 12 - Long Sleeve Winter Blouse - $10
Size 10 - Summer Shorts - $15
Size 14 - Winter Tunic - $20
Size 14 - Winter Wool Jumper $20
Size 12 - Short Sleeve Blouse - $10

DONATIONS REQUIRED FOR NIGHT PATROL

Each month, senior students and staff at OLSH volunteer for St Vincent de Paul Night Patrol.

By attending each month, we offer a reliable service that provides people who are experiencing homelessness with a warm drink, snack and conversation. This service helps to break through the barriers of loneliness and isolation that many living on the fringe of society suffer.

The snacks provided are supplied by the whole school community. Year groups are requested to provide snacks the following snacks.

Year 7 - Soft Muesli Bars
Year 8 - Cheese dip and Crackers eg Le Snak, single serve packets
Year 9 - Fruit Bars eg. Roll ups, Fruit twists, fruit flavoured snacks
Year 10 - Chips - single serve packets
Year 11 - Biscuits - single serve packets, both sweet and savoury eg Tiny teddys
Year 12 - Chocolate - single serves, cadbury multipacks

Any toiletries are most welcome.
Randwick City Library is expanding its range of free and low cost term time activities. In addition to our regular monthly activities (Not Bored Games, Teen Book Club, RPG in the Library and the Young Adult Writing Group) we will be trialling a six week robotics and coding programme in Term 2.

If the programme goes well, we hope to run the series at least twice a year in conjunction with our partner. UNSW’s Experimental Mayhem Unit [EMUs] will be providing mentors to guide the participants through a range of skills which will lead to the building, coding and driving of a robot. The library is subsidising the cost involved so we can offer the programme for the low cost of $15 per participant.

Attached is a copy of the publicity flyer for the series in addition to our other regular programmes. It would be greatly appreciated if you could publicise these events on your notice boards and newsletters, thank you. Below are the details for the robotics programme in a format that may be more convenient for posting to message boards.

Current programmes include
Not Bored Games - explore and learn to play new card and board games like Munchkin, Zombie Dice and more.
Teen Book Club - enjoy fun discussion of various titles, genres and film adaptations.
RPG in the Library - various RPG games including Dungeons & Dragons, Eclipse Phase, and Pathfinder.
Young Adult Writing Group - improve your writing skills and unleash your creativity.
Real Teens: Beetlejuice - Get into the spirit of Friday May 13

Details of the new Robots by EMUs follow:
When: Wednesdays 4.30 - 6.00pm May 18, 25, June, 1, 8, 15, 22
Where: Bowen Library & Community Centre
Cost: $15; pay at the first session

A six week introductory course for teens interested in coding and robotics. Join experienced mentors from UNSW’s Experimental Mayhem Unit who will show you how to build a robot. Over the six weeks you will learn about wiring electronic boards, building, coding and driving a robot. This programme is for library members in high school grades 7-12 (or equivalent).


OLSH - A COMMUNITY OF THE HEART, LIVING AND LEARNING TOGETHER

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Apple Charger Recall

You may have heard in the media that there is a mass recall of Apple chargers due to safety concerns. Here at OLSH we have been facilitating a swap with Apple so that your daughter’s affected charger is replaced with a new safe plug.

There are still a number of students who are yet to return their affected to the College Library and this is a concern. We are asking parents to please remind your daughter that if they are in Years 8 - 12 they must return their two-prong wall plug to the College ASAP as they are no longer safe to use.

If you have already taken the charger to Apple and made the swap OR if your daughter has misplaced it we are asking that you write a note to Ms Ackerman giving details of why the charger is not being returned so we can document this in our records.

The safety of our students is our main concern and we would like to ensure that no potentially faulty chargers are being used in your homes.

Traffic Changes in Kensington

Starting on Monday 9 May, the traffic in Kensington will be affected by the expansion of the light rail project to Anzac Parade between Todman Avenue and High Street.

For more information go to www.mysydney.com.au