At our recent staff development day in one of our workshops the facilitator Dan Haeslar asked us to discuss the question “when as a College are you at your best?” The common response was when we come together as a community, when we support each other and others.

I write often about the uniqueness of an OLSH education and our wonderful sense of community. Last Sunday our College Captain Elizabeth Perry in her address to the ex students at their annual Mass and luncheon was able to articulate so clearly what it means to have an OLSH education.

Good morning Sisters and Ex-students,

My name is Elizabeth Perry and I am the College Captain of Our Lady of the Sacred Heart for 2016. It’s wonderful to see so many of you here today.

As you wandered onto the school grounds this morning, I’m sure you may have noticed all the changes to the College. Perhaps the uniform, or the new buildings and the technology our girls now have. Whether you graduated last year, 20 years ago…. or even 60 years ago, there are memories that serve as a constant for all of you.

It was the laughter heard between corridors and the lessons that inspired you. When the hardships of school and life became overwhelming, your friends were always by your side and when the guidance of teachers possibly led you to greater things you never thought you’d achieve, there was an incredible sense of accomplishment. It’s these kind of moments of nurturing and empowerment, which continue to span across generations, and have had the ability to create a community. Moments like these that have established our “community of the heart”. The togetherness that this school fosters never ceases to amaze me, and I can honestly say that my understanding of the world and myself continues to grow through the sense of belonging and identity that I have as a student here. But, as many of you would agree, there’s more to just being a “student”.

The relationships that have been fostered, the discussions held beyond that which the curriculum outlines and the charism of the Daughter of Our Lady of the Sacred Heart, have impacted so many of us so greatly by becoming part of how we lead, or will lead, our lives. We become women of courage, integrity, faith, collaboration and unity, women passionate about lifelong learning and touching the hearts of others through compassion and kindness. We are Women of Our Lady of the Sacred Heart.

Keeping the connection with the sisters and our ex-students of the College is vital to keeping this strong community of strong women alive. By staying involved through opportunities like today, you help preserve the history of this school and influence the solidarity of future generations. Without you, there really wouldn’t be us. So on that note, I’d like to say thank-you for joining us today and being part of it all, and we hope you enjoy the rest of the afternoon.

May the Sacred Heart of Jesus be everywhere loved, forever!
Thank you to the OLSH Staff and Students who helped out at the Mass and Luncheon. Mrs Jodi McInness for the music and the choir, Georgia Murphy, Maddie collier, Sarah Blackburn, Sarah Muscat, Taylor Condon, Georgia Gibson, Angelina Garay, Diana Vlahos, Michelle Alimhamzah, Sophie Collier and Lidia Ivancic

Thank you to the members of the Executive SRC for their participation and attendance; Elizabeth Perry, Kate Buxton, Juliet Stinson, Chloe Chapman and Georgia Murphy. Thankyou to Mrs Zanettides and her team of hospitality students - Eleanor Torrisi, Angelica Legaspi, Natasha Graul, Kristina Ferro, Catie-Jane Cahill and Agnes Irhia.

We are approaching the report season and this means there will soon be an opportunity to discuss with the teachers your daughters progress in her learning. Now is a good time to start having conversations at home about where your daughter’s have seen improvement in their learning in each of their subjects. Get them to tell you explicitly what are some of the new pieces of information or skills they have learnt. This not only provides you with some insight into what they have been doing at school but it is a chance for them to reflect and think about what they have been doing for the first two terms of this year. Then ask them where do they need to improve and what they may need to do that is different for the rest of the year to get there. There is great value in having these conversations with your daughter as it trains them to be more mindful about what they are doing and you assist them in having a growth mindset. When you come to the parent, teacher, student interviews in the last week of term the conversations will be all the more richer for having had these chats.

Let us look forward with Hope and Gratitude
Mrs Jenny Fowler
College Principal
Learning and Assessments
Students in all year groups are busy with learning and assessments. To stay abreast of your daughter’s commitments, parents should check your daughter’s Assessment Schedule, which was distributed to students at the beginning of the year. Students also receive an Assessment Notification for each task, so they are well-aware of the content and outcomes being assessed. It is natural to feel a little bit nervous about assessment tasks, and the deadline of having a task can be good motivation for learning. For students to perform at their best in assessment tasks, they will need a detailed study plan. When tasks are left to the last moment, students can feel unnecessary pressure and aren’t always able to demonstrate their learning.

As always, OLSH teachers are more than happy to help any student who has questions about a task or any aspect of their learning.

Upcoming Events
The next fortnight is a busy time with different groups attending Reflection Days, Sorry Day activities, vaccinations, representative sport commitments, excursions,uistffldods, the Red Shield appeal, and the mass for the Feast of the Sacred Heart. Parents and students are asked to promptly return permission slips and to take careful note of transport, uniform, and food arrangements for all of these events.

Year 11 and 12 Parent Teacher Interviews
On Monday May 30 from 3.30pm – 8.30pm, parent teacher interviews will be held for all Year 11 and 12 students. The College requires all senior students to attend these interviews along with a parent or carer. To book an appointment with teachers, we ask that you use our online booking system as part of the Sentral Parent Portal.

Buses and Opal Cards
All students are required to have an Opal card. Eligible students would have already received a card under the School Student Transport Scheme. There are many good reasons for students carrying and scanning these cards. Firstly, it is the clear expectation of the State Transit Authority and a condition of ongoing free travel. Secondly, the scanning of cards allows the STA to monitor the use of buses and adjust their services according to this use. Finally, the bus drivers have been told to insist that students scan their cards, and it is important that we respect them and the job they are trying to do. Any student who does not have an up-to-date Opal card should immediately organise one with State Transit.

Infringements Notices and Detentions
This year has seen the introduction of the new Student Management and Wellbeing policy. Staff at the College have spent significant time developing a consistent policy with clear consequences for breaches of expectations. This policy is displayed in the student planner.

For most incidents, an infringement notification will be issued to the students and a copy emailed home. These incidents include not having their library card when signing in late, unsigned planners & uniform infringements. If the students incurs a second infringement for the same incident, the consequence will be escalated to a Level 1 Lunchtime detention. If the incident is still not resolved, it will again escalate to a Level 2 Afternoon Detention, and so on.

1st Step - Warning - An Infringement notification letter will be issued.
2nd Step - Level 1 Lunchtime Detention
3rd Step - Level 2 Afternoon Detention
4th Step - Level 3 Refer to Assistant Principal
5th Step - Level 4 Refer to Principal

God Bless you in the weeks ahead
Mr Andrew Martin
Acting Assistant Principal

OLSH - A COMMUNITY OF THE HEART, LIVING AND LEARNING TOGETHER
It has been particularly impressive to see Year 8 settle back into an academic routine after the Easter break. I have been very proud of the way they have begun this term; setting high standards for themselves in terms of academic goals, uniform presentation and in building relationships.

The Pastoral Care theme for Year 8 is based on relationships. It highlights the importance of building and maintaining relationships with everyone in their communities. Term 1 gave opportunity for the girls to build new relationships with their new classmates and teachers. It built new friendships and highlighted the importance of being a young woman who contributes positively to the community.

This term, the girls will continue looking at ways in which they can build positive, online relationships. Part of this focus will include education on their rights and responsibilities when using the internet and technologies. With this, Senior Constable Rachel Martin presented to Year 8 the importance of cyber safety and being responsible online users. She discussed key issues that pertain to adolescent girls, including bullying, sexting and privacy. Girls will also participate in workshops, class activities and view a drama performance on various internet related issues, including bullying, harassment, sexting/inappropriate posting, online safety and general legalities.

In addition to this, Reflection day will offer the girls another opportunity to build positive relationships with each other and themselves. The day is being conducted by the Youth Ministry Team from the Archdiocese and will explore themes of self image and worth.

I thank you for your ongoing support. Your continued vigilance with signing the student planner is greatly appreciated. Please ensure that you are aware of any teacher comments that need attention, as this is our first point of communication. Feel free to contact me should you have any concerns.

Ms Elizabeth Solomonides
Leader of Pastoral Care - Year 8

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Bursary applications to the Catholic Education Foundation close at the end of Term 2, 2016.

All applications will need to be submitted to OLSH College by Friday 10th June, 2016 for processing and submission to the Foundation. Please contact the College Bursar for further information.

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OLSH - A COMMUNITY OF THE HEART, LIVING AND LEARNING TOGETHER
SPORT REPORT

OLSH has revamped their compulsory sport program for 2016 and it has been a huge success! Each student from Years 7-10 participates in their chosen sport on a Day 10 from 1-3pm. This new program has allowed for longer afternoons at sport and has increased the level of participation for all students.

A variety of new sports have been introduced throughout Term 1 and 2 for Year 8-10 OLSH students:

**TERM 1**
- Dragon Boat Racing
- Kayaking
- Beach Volleyball
- All Sorts Alexandria provide a variety of sports: Futsal, Spin class, Body Attack, Body Pump, Aqua Aerobics
- Yoga
- Dance
- UNSW Water polo
- Fitness

**TERM 2**
- Rockclimbing
- Moore Park Golf
- All Sorts Alexandria provide a variety of sports: Futsal, Spin class, Body Attack, Body Pump, Aqua Aerobics
- UNSW Indoor Cricket, Squash
- CGSSSA Netball training

Year 7 participated in a compulsory Learn to Swim program at UNSW for Term 1. All students were given the opportunity to improve their swimming skills and enjoy a fun afternoon in the water during the hot summer months!

Year 7 are participating in a variety of sports on campus for Term 2. These include Dance, Yoga, Touch Football, Centennial Park Walking and Boxing. There has been encouraging feedback from both coaches and teachers about our OLSH girls. It is great to see such high levels of enthusiasm and enjoyment during sport.

A few reminders about Friday Sport for Students/Parents:

If any student from Years 8-10 is not participating in Friday Sport due to sickness or injury, they are to bring a signed and dated note from their parents explaining why their daughter will not be participating in sport. This note is due to Miss Davie in the PDHPE office before recess on Day 10. These students will then spend the afternoon in the library completing sport worksheets and quiet reading. No laptops will be allowed as this is not a time for students to be completing assessments and their own homework.

With the colder weather setting in, students are allowed to wear their OLSH school navy tracksuit pants and OLSH sport jacket on Day 10. No other navy tracksuit pants will be accepted. If students are not in correct uniform, they will be placed in Sport Detention group and will be unable to attend Sport.

*Miss Emily Davie*
*Teacher in Charge of Sport*

![Body Attack Class](image1)

![Fitness Class](image2)
Already this year OLSH have competed in CGSSSA Touch, Swimming, Soccer and Basketball. The girls have had great success in Touch Football, winning both the Under 15 and Senior divisions. Kobe Dymock, Carlie Sonda, Gemma Squadrito, Mia Wood, Zali Dymock and Jami Sibal were also selected to represent CGSSSA at the CCC Touch Championship to be held at Dubbo in early June. Congratulations and thanks to Mary Wachman who will coach the Under 15 team at this competition.

OLSH was well represented at CGSSSA Swimming competing at Ryde Aquatic Centre and finishing 5th overall. Congratulations to the following girls who made it to CCC - Madelaine Caswell, Ashley Finegan, Ireland Cracknell, Jessica El-Chah, Jade Howard, Finella O’Hea, Lauren Phillips, Kiara Richardson, Eva Torrisi, Emma Garlick and Shannel Ryan-Last. As a result of their outstanding performance at CCC Ashley Finegan and Madelaine Caswell qualified and competed at the NSW All Schools Championship on 6th May.

CGSSSA Soccer was held on 27 April, the girls faced many challenging teams but still finished with a much stronger result than previous years. We look forward to seeing these teams progress in the future.

An outstanding competition for the Senior Basketball team was held on the 11 May. The team remained undefeated all day and convincingly took out the championship in the grand final 40-10 against Bethany College. Intermediate Basketball played earlier this week. The team was undefeated during the round games. Unfortunately, they lost in the semi finals. Following are details of events still to come:

**Term 2**

27 May - Cross Country - Trials have been completed and training will begin this week.

1 June - Gymnastics - The girls have been training now for a number of weeks on beam and floor at school.

**Term 3**

20 July - Netball - Junior and intermediate trials have been completed with training occurring fortnightly during Friday Sport. Senior trials to take place later this term.

19 August - Athletics - Girls will trial for positions at our College Athletics Carnival

7 September - Dance

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**Congratulations to the Senior Basketball Team CGSSSA Champions!**

The girls started the day well with a convincing 31-9 victory against Brigidine and continued their great form for the remainder of the pool games, finishing top of Pool B and undefeated. The team continued their winning streak against St Clare’s in the semi final and progressed to the grand final against Bethany College. The girls performed outstandingly winning the grand final 40-10! The team are to be commended not only on their excellent basketball skills but also superb fitness and sportsmanship.

A special mention must go to Lucy and Austin Champan (Chloe’s sister and father) who coached the team. Austin has coached the OLSH basketball teams ever since his eldest daughter Lucy was in Yr 7. He has coached the girls to many victories but never quite managed to take out the grand final. Mia Wood and Chloe Chapman have been playing in the CG Basketball team since year 7. It was very fitting that in their last year at school that Austin and the girls took out the championship.

*Thank you Austin for your years of dedication, expertise and enthusiasm.*
2016 Waverley Youth Art Prize

Two of our Year 8 students, Daniela Ospitale and Simone Atherton have entered wonderful artworks into the Waverley Youth Art Prize. They have created compositions inspired by this year's theme 'Under the Big Top'. This exhibition is currently being held at the Waverley Library Gallery until June 28 2016.

This year I have chosen to participate in the Waverley Youth Art Prize to give me an opportunity to continue to develop my art. The theme was 'Under the Big Top'. What's the most common feature of a circus? A clown. Therefore, I was inspired to create a painting that would blend the traditional clown with the modern day abstract painting style.

The title of my piece is 'Clowning around' and I chose this name because it matches the bright colours, and lines used in the piece to show the clown's emotions and shape. **Daniela Ospitale**

My painting for the Waverley art competition is called 'Twirling tops'. I was inspired by the crazy twirling tops of Cirque du Soleil, and how they looked to be spinning and moving in different directions. However, I also loved the original colours of the circus tents, which is how I came up with my painting design. The materials I used to create this artwork was acrylic paints, paint brushes and an unused toothbrush to create the starry night sky. **Simone Atherton**

THEATRE SPORTS

The TheatreSports Schools Challenge is a National competition that judges the improvisational skills of competitors in a series of improvisational games.

Last week, on Monday evening, our Senior TheatreSports team competed in the Eastern Region heat at The Scots College. The team consisted of Year 11 students: Tayla Curry, Morgan Dukes, Maria Strolla, Georgia Willson and Abby Graham.

The team collaborated well and produced some highly entertaining improvisational skills to finish third, behind Newington College and Scots. That means that we move forward to the semi-finals in the next few weeks.

A big thank you to last year’s Senior team from OLSH who came along to support us, dressed in their new OLSH jerseys. Well done girls! We wish you the very best for the next round!

**Mrs Julie Taubert**

Theatre Sports Coordinator

**OLSH - A Community of the Heart, Living and Learning Together**
CGSSSA Senior Football Team

On the 27 April, 13 senior students represented the college at the senior CGSSSA Football competition at Meadowbank. With limited training we still managed to have a very successful morning, drawing our first game 1-1 and winning the second 1-0 against St. Clare's.

As the day went on, we played some very challenging teams and unfortunately lost the next game 2-0, however we continuously put in our best effort and played extremely well throughout the game. The team had a very challenging game against Brigidine and with some great team work and a lot of hard work and effort we managed to draw 1 all.

The competition grew more challenging as the day went on and we lost our last two afternoon games. We all gave it our best try. The day was a lot of fun and everyone was satisfied they had given best effort.

A big thank you to Miss Quirke and Mr Tall for organising and training the teams and especially Miss Davie for coaching our senior team on the day!

Shannah Henry Year 11

| UPCOMING EVENTS FOR TERM 2 |
|-----------------------------|-----------------------------|-----------------------------|
| 25 May                      | Yr 9 Reflection Day         | 1 June                      | CGSSSA Gymnastics            |
| 26 May                      | Yr 8 Reflection Day         | 1 June                      | Yr11&12 Drama Performance    |
| 26 May                      | Yr 7 Vaccinations           | 3 June                      | Feast of the Sacred Heart    |
| 27 May                      | CGSSSA Cross Country        | 6-7 June                    | CCC Touch                    |
| 28 May                      | Red Shield Appeal           | 9 June                      | Yr7 Reflection Day           |
| 30 May                      | Yr 11&12 Parent Teacher     | 10 June                     | WYD Trivia Night             |
|                             | Interviews                  | 14 June                     | Athletics Carnival           |

OLSH - A COMMUNITY OF THE HEART, LIVING AND LEARNING TOGETHER
NEWS FLASH!
HSC STUDENT WINS WRITING PRIZE

Congratulations to Zoe Devlin whose consistent efforts to improve her writing have earned her a prize for her creative narrative which was recently published in the anthology titled “Beyond Words”.

When interviewed about her award, Zoe said that she has focused on regaining control over her writing by constructing shorter sentences which, arranged one after the other, gave her writing more impact.

We agree. Here is a short excerpt from Zoe’s story about SDD (Seasonal Depression Disorder) so that you can judge for yourselves.

Mrs Michele Beven
Teacher in Charge Literacy

FOUR SEASONS TWO FEELINGS
By Zoe Devlin

It’s that time of year again. The clouds roll in. The trees become naked. You knew it was coming. It’s the same every year. You just wish summer didn’t pass so quick but all good things must come to an end. The dark influences your mood as well as your day. Every morning becomes an effort. Your grades begin to drop. You are tired all the time. The scales become more sensitive. Oh wait! No. You’re becoming heavier. You don’t want to eat that much but it’s the only thing you find comfort in. The kilos start pounding.
On Friday 13 May, we travelled to Southern Cross Catholic Vocational College in Burwood to participate in the 'Justice Through the Arts - A Day of Inspiration and Celebration'. The day consisted of performances, and a variety of guest speakers such as broadcast journalist, John Highfield, writer and co-producer Christine Olsen and Indigenous artist David Leha. Throughout the day we listened to many touching stories, that were eye-opening to social justice issues occurring throughout the world. One of the largest focuses of the day, was how these social justice issues, such as children in detention centres, refugees, and asylum seekers, are portrayed and spread through the performing arts. The general message was, that truthful dialogue creates a change, 'For us to have understanding and respect we must have dialogue. Dialogue is the key element to what makes these programs so successful' - Cassandra Gibbs.

'Justice Through the Arts - A Day of Inspiration and Celebration' was educational, intriguing and informative. Sarah Muscat Yr10

On Wednesday 18th May, 20 Year 9 students went to Mount St Joseph’s College Milperra for the Year 9 Evangelisation Day. The theme of the day was ‘No Greater Love’. The day was full of positive energy where students danced, laughed and celebrated the theme of God’s love. Each student heard from a range of speakers who spoke about the Catholic values of love of God, love of neighbour and love of self. The students from OLSH were challenged to reflect on their connection to God, with most singing on their way out of the venue ‘Yes Lord, Yes Lord, Yes, Yes, Lord!’ At the end of the wonderful day, OLSh students were heard to say that ‘this day has reminded me how to be a good friend’, taking away some positive motivation for future relationships. Year 9 Evangelisation Students

Our Year 11 Exploring Early Childhood Class had the privilege of seeing Ms. Kerr (French Teacher) and her baby Zachary in class on Thursday 19 May. The class were delighted to observe baby Zac. Ms. Kerr explained to the class the stages of pregnancy, labour and giving birth. She also explained the accessories and the daily activities that a mother experiences daily. Baby Zac felt very comfortable with our class and was well behaved for the whole lesson. At times, baby Zac started talking to the girls. His cooing noises made the class gush. It was such a delight to see how a mother and child bond and grow together. Malanata Kilisimasi 11D
Save the Date
Friday 2 September
Mission Night

RIDE THE HSC WAVE
Lecture Program May-June 2016

OLSH - A COMMUNITY OF THE HEART, LIVING AND LEARNING TOGETHER

W www.olshkensington.catholic.edu.au | E info@olshkensington.catholic.edu.au | P 9662 4088 | F 9663 5252
DONATIONS REQUIRED FOR NIGHT PATROL

Each month, senior students and staff at OLSH volunteer for St Vincent de Paul Night Patrol.

By attending each month, we offer a reliable service that provides people who are experiencing homelessness with a warm drink, snack and conversation. This service helps to break through the barriers of loneliness and isolation that many living on the fringe of society suffer.

The snacks provided are supplied by the whole school community. Year groups are requested to provide snacks the following snacks.

Year 7 - Soft Muesli Bars
Year 8 - Cheese dip and Crackers eg Le Snak, single serve packets
Year 9 - Fruit Bars eg. Roll ups, Fruit twists, fruit flavoured snacks
Year 10 - Chips - single serve packets
Year 11 - Biscuits - single serve packets, both sweet and savoury eg Tiny teddys
Year 12 - Chocolate - single serves, cadbury multipacks

Any toiletries are most welcome.

Donations can be left outside the FRONT OFFICE in the WHITE NIGHT PATROL TUB.